

SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule per serving. This product should be taken twice daily.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Dr. Mercola has been providing quality products since 2001.



DR. MERCOLA®
PREMIUM SUPPLEMENTS



**FERMENTED
GINGER**
Dietary Supplement

60 Capsules

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount Per Serving	%DV
Organic Ginger Root Powder	200 mg	*
Perilla (<i>Perilla frutescens</i>) Leaf Extract [^]	150 mg	*

^{*}Daily Value (DV) not established.

OTHER INGREDIENTS: Capsule (Hydroxypropyl Methylcellulose), Cassava Maltodextrin.

FORMULATED AND DISTRIBUTED BY:

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[^]Benegut® is a registered trademark of Vital Solutions GmbH, Germany.